

Mariela G. Shibley, Psy.D.

Clinical Psychologist
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PERSONAL INFORMATION

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EDUCATION AND TRAINING

SAN DIEGO PSYCHOANALYTIC CENTER

Advanced Candidate – Adult & Child Psychoanalytic Program, 2017 - present
Academic Graduate - Psychoanalytic Psychotherapy Program, September 2007 – May 2009

CALIFORNIA SCHOOL OF PROFESSIONAL PSYCHOLOGY, SAN DIEGO at ALLIANT INTERNATIONAL UNIVERSITY

Psy.D., Clinical Psychology (APA accredited), awarded August 2008
Dissertation: “*The Function of Language for Bilingual Therapists: Implications for the Therapeutic Relationship*”
M.A., Clinical Psychology (APA accredited), awarded May 2005

UNIVERSITY OF CALIFORNIA, LOS ANGELES

B.A., Psychology, awarded June 2001

*Continuing education courses provided upon request

PROFESSIONAL AFFILIATIONS

San Diego Psychoanalytic Center, Member

American Psychological Association, Member

Division 39 Member

American Psychoanalytic Association, Candidate member

San Diego Psychological Association, Member at Large – Board of Directors 2011-2013, 2022-pres.

Ethics Committee Member 2015-2018, Chairperson 2018-2019

Forensic Committee Current Member

Supervision Committee Current Member

Cultural Diversity Committee Former Member

Women’s Committee Former Member

Psych-Law Society, Member

California Latino Psychological Association, Member

CLINICAL EXPERIENCE

SHIBLEY PSYCHOLOGY – PRIVATE PRACTICE

Clinical Psychologist, December 2009 - present

Provide psychotherapy services to adult individuals and couples in English, Spanish, and Portuguese. Conduct forensic evaluations for State, Federal, and Immigration Courts. Work predominantly within a psychodynamic theoretical orientation, specializing in the treatment of mood disorders, trauma, immigration and acculturation, and perinatal mood disorders. Supervise the work of licensed clinical psychologists, psychological associates, and other unlicensed mental health professionals.

ASSESSMENT EXPERIENCE

IMMIGRATION EVALUATIONS

Conducted over 600 psychological evaluations to this date assessing hardship, competency, and current psychological status for individuals undergoing immigration proceedings (Waivers, Cancellation of removal, VAWA, Asylum, U-Visa, Competency, Medical certification for disability exceptions, and others). Trained and supervised licensed and unlicensed clinicians to conduct these evaluations and edited and signed off over 1500 of written assessment reports.

FORENSIC EVALUATIONS

Evaluate individuals to determine benchmarks of current functioning, DSM 5 diagnoses, competency to stand trial, and mitigating factors prior to sentencing. Serve as an expert witness for Federal and State Courts.

DISABILITY EVALUATIONS

Independently contracted to conduct comprehensive disability examinations for the Veteran's Benefits Administration and the Board of Veterans' Appeals to assist in determining compensation and pension benefits for military veterans.

FITNESS FOR DUTY EVALUATIONS

Independently contracted as an expert evaluator to determine employees' mental fitness to perform their job duties.

PERSONALITY ASSESSMENT

Conduct psychological evaluations to assess an individual's characteristic personality traits, strengths and weaknesses, to determine DSM-IV-TR and DSM 5 diagnoses, assess prognosis, and make recommendations for treatment.

VOLUNTEER EXPERIENCE

UNIVERSITY OF CALIFORNIA, SAN DIEGO

Voluntary Clinical Instructor in the Department of Family Medicine and Public Health, December 2015 - present

Provide psychotherapy services at UCSD Free Clinic and participate in the education of students and postgraduate trainees within UCSD Health Sciences. Develop and present talks to the immigrant community on how to cope with anxiety and stress in the current political climate. Run an online support group for UCSD residents and volunteers.

GIVE AN HOUR

Psychologist, 2013 – present

Provide pro-bono psychotherapy to veterans and their families.

PSYCHOLOGY 2000

Psychologist, 2009 – present

Provide pro-bono psychotherapy to individuals who meet low-income requirements.

TEACHING EXPERIENCE

PSYCHEVALCOACH

Director and Educator, 2020 - present

Online training program on conducting immigration evaluations for mental health professionals

CALIFORNIA SCHOOL OF PROFESSIONAL PSYCHOLOGY/ALLIANT INTERNATIONAL UNIVERSITY

Adjunct Faculty, Winter 2015; Fall 2020; Fall 2021; Spring 2022

Clinical Consultation Group; Theories of Personality and Psychopathology – Psychoanalytic; History & Systems of Psychology

CALIFORNIA SCHOOL OF FORENSIC PSYCHOLOGY/ALLIANT INTERNATIONAL UNIVERSITY

Adjunct Faculty, September 2011 – 2013

Multicultural Perspectives; Introduction to Psychotherapy

ARGOSY UNIVERSITY

Adjunct Faculty, January 2010 - 2015

Social and Cultural Diversity; Theories in Counseling Individuals and Families; Advanced Individual Psychotherapy; Professionalization Group; Group Counseling; Psychopharmacology for Counselors; Advanced Ethics

ALLIANT INTERNATIONAL UNIVERSITY at SOUTHWESTERN COLLEGE

Adjunct Faculty, Fall 2007

History & Systems of Psychology

CALIFORNIA SCHOOL OF PROFESSIONAL PSYCHOLOGY/ALLIANT INTERNATIONAL UNIVERSITY

Teaching Assistant, 2005 - 2008

Introduction to Psychotherapy; Advanced Psychotherapy

PROFESSIONAL PRESENTATIONS

The Emerging Role of Mental Health Professionals in the Immigration Field. Presenter at the National Hispanic and Latino Mental Health Technology Transfer Center. October 2021.

Recognizing Burnout and Strategies for Healing. Panel speaker at the annual AILA National Conference on Immigration Law. July 2020.

Intimate Partner Violence: When the Victim is an Undocumented Immigrant. Presented a four-hour workshop for custody evaluators. October 2019.

Family Separations. Keynote panel presentation for the 24th International Summit on Violence, Abuse and Trauma (IVAT). September 2019.

Psychoanalysis at the Border in a Time of Hate. Plenary panelist at the Annual Meeting of the American Psychoanalytic Association. June 2019.

Torn Apart: How our Immigration System is Affecting Mixed Status Families. Keynote speaker at Child and Adolescent Mental Health Conference. March 2019.

Immigrants, Immigration, and Mental Health. Eight-hour training sponsored by Center for Innovation and Resources. January and February 2019.

Finding a Safe Haven for Survivors: VAWA, U-Visa or T-Visa. Panel speaker at the annual AILA National Conference on Immigration Law. June 2018.

Managing Stress and Avoiding Substance Abuse. Panel speaker at the annual AILA National Conference on Immigration Law. June 2018.

Understanding Gender Nonconforming Youth. Speaker at annual conference for Minor's Counsel. November 2017.

Competency and Self-Care. Presentation at the 30th annual AILA California Chapters Conference on Immigration Law. November 2017.

Undocumented Immigrants, DREAMers, and their Loved Ones. Speaker at the annual conference of the San Diego Psychological Association. October 2017.

Assistance and Support for Immigrants and their Loved Ones Undergoing Immigration Proceedings. Panel speaker at ALAS de San Diego. March 2017.

Special Issues with Transgender Children. Speaker at Minors' Counsel Seminar. October 2016.

Substance Abuse in the Legal Profession. Presentation at the 28th Annual AILA California Chapters Conference on Immigration Law. November 2015.

Cultural Considerations in the Treatment of Perinatal Mood and Anxiety Disorders. Presented to members of the Postpartum Health Alliance. September 2014.

Counseling with Latino Families: Building Multicultural Awareness: Challenges to Understanding the Dynamic along the Mexico/U.S. Border. Presentation at the San Diego Psychoanalytic Society and Institute. January 2014.

Detecting and Preventing Substance Abuse: The importance of Self-Care. Presentation to members of the American Immigration Lawyers Association – San Diego Chapter. February 2013.

Trauma, Psychology and Client Management. Continuing education lecture presented to attorneys at California Western School of Law. January 2013.

Therapeutic Considerations in Working with Latino/a Clients. Seminar presented to Psychology interns at the Counseling Clinic of California State University of San Marcos. December 2011, December 2012, December 2013, November 2014.

The Bilingual Therapist's Experience. Seminar presented to Psychology interns at the University of California, San Diego. January 2009.

Therapeutic Considerations in Working with Latino/a Clients. Seminar presented to Psychology interns at the University of San Diego Counseling Clinic. March 2008.

The Function of Language in Psychotherapy with Bilingual Spanish-Speaking Patients: Barriers, Risks, and Recommendations. Poster presentation sponsored by the California Latino Psychological Association at California State University, Fullerton. March 2007.

Therapeutic Considerations in Working with Latino/a Clients. Panel presentation sponsored by the Multicultural Research and Training Lab, Graduate School of Education and Psychology at Pepperdine University. October 2006.

PROFESSIONAL PUBLICATIONS

Shibley, M. & Holt, M. (2022). *Conducting Immigration Evaluations: A Practical Guide for Mental Health Professionals.* Routledge.

Shibley, M. et al. (2018). Finding a safe haven for survivors: VAWA, U-Visa or T-Visa. *Annual American Immigration Lawyers Association Conference Handbook*, 52-60.

Shibley, M. (2017). No soy DACA ni soy de alla: I am not from here, nor there. *San Diego Psychologist*, 32 (3) 17-20.

Shibley, M. (2015). Substance Abuse in the Legal Profession. *28th Annual American Immigration Lawyers Association California Chapters Conference Handbook*, 12-19.

Shibley, M. and Ahmed, S. (2015). Dream a Little DREAM: How the American Immigration Crisis Affects Undocumented Students. *The Register Report*, 41, 32-35.

Shibley, M. (2014). Torn apart: The effect of the US immigration system on families of mixed legal status. *San Diego Psychologist*, 29 (1), 11-14.

Gamsie, M. (2008). Conducting therapy in one's native tongue: Does it foster a stronger therapeutic alliance? *San Diego Psychologist*, 23 (10), 16-18.

RESEARCH EXPERIENCE

CALIFORNIA SCHOOL OF PROFESSIONAL PSYCHOLOGY AT ALLIANT UNIVERSITY

Research assistant, May 2004- April 2005

Participated in a Ph.D. dissertation focused on trauma among 18-65 year old, bilingual Mexican-Americans. Assisted in data collection, bilingual interviews, transcriptions, and coding of data, as well as administering and scoring questionnaires and language proficiency test.

SUPERVISED CLINICAL EXPERIENCE

5th & OLIVE PSYCHOLOGISTS

Psychological Assistant, December 2007 – December 2009

Supervisor: Daniel Blaess, Ph.D.

Worked in a private practice setting, providing individual psychotherapy to adults, adolescents, and geriatric population, both in English and in Spanish. Administered and interpreted psychological batteries and conducted forensic psychological evaluations. Worked predominantly within a Psychodynamic theoretical orientation, and participated in weekly individual supervision.

STEP FORWARD – CALWORKS, SAN DIEGO

Psychology Intern, August 2006 – August 2007

Supervisor: Jennifer Bessel, Ph.D.

Primary internship responsibilities included providing individual psychotherapy to an adult population, leading weekly psychotherapy process group, conducting intake assessments, and occasionally administering and interpreting psychological batteries. Other duties included providing psycho-educational presentations to adults in Welfare sites, screening potential clients, case management, and maintaining patient files. Developed group curriculum on Cognitive Behavioral Therapy and conducted educational presentations for staff in-service meetings. Participated in weekly individual and group supervision.

ALVARADO PARKWAY INSTITUTE, SAN DIEGO

Psychology Intern, July 2005-August 2006

Supervisor: Andrew Noorolah, Ph.D.; Regina Smalley, Ph.D.

Provided group therapy, individual therapy, and family therapy to chronically mentally ill adults, adolescents, and individuals with chemical dependency issues within both an in-patient as well as an outpatient setting. Also responsible for completing psychological assessment batteries, presenting case studies to training faculty, and educational presentations for staff in-service meetings. Participated in weekly individual and group supervision.

ISIS CENTER, SAN DIEGO

Practicum Student, August 2004 – July 2005

Supervisor: Ken Dellefield, Ph.D.

Provided individual therapy, group therapy, milieu therapy, and treatment planning with chronically mentally ill adults and adults with chemical dependency issues in a short-term inpatient facility. Also responsible for completing psychological assessments, presenting clients in weekly case conferences, and occasionally administering psychological tests. Participated in weekly individual and group supervision.

ADDITIONAL EXPERIENCE

SPANISH INTERPRETER, LOS ANGELES, CA

August 1998-March 2003

Worked both independently and affiliated with interpreting agencies in Los Angeles, CA (LA Language, Southern California Interpreting Services, On Time Interpreting) simultaneous interpreting, Spanish/English, in Medical, Legal, and Psychological settings. Administered psychological test batteries in Spanish, and assisted with medical and psychological assessments.

ENGLISH TEACHER, BUENOS AIRES, ARGENTINA

January 1997-August 1998

Worked both independently and affiliated with language schools in Buenos Aires, Argentina. Included teaching English to individuals and groups, and tutoring elementary and high school students. Also worked at various multi-national corporations teaching high-level executives, test preparation, translation and editing.

TEEN LINE - CRISIS HOTLINE

May 1993 – September 1996

Completed a 13-week training program on crisis intervention. Volunteered as a hotline listener for 6 hours per week, providing crisis intervention and counseling to adolescents. Attended monthly staff meetings and weekly supervision. Engaged in outreach activities at elementary, middle, and high schools to promote the hotline services.

LANGUAGE PROFICIENCY

Spanish – Native tongue

Portuguese – Fluency